



AgriSafetyNet

## Agricultural Safety Through Lifelong Learning

2019-1-SK01-KA202-060645

### Module 5 FIRST AID



Co-funded by the  
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## Case Study Module 5 First Aid

### 1. Fall from height

Eight-year-old Marta Vlcek broke both wrists and sustained a head injury after falling from height at her parents' dairy farm in Zahorovice

With no training in first aid, her father Pavel could only alert the emergency services and make his daughter comfortable until the air ambulance landed at the farm.

Marta, who had been playing in a loft with her brother, Honza, happily made a full recovery, but had her injuries required emergency first aid, the outcome could have been different, Mr Vlcek fears.

“At that point I didn't have a clue what to do,” he admits. “Farming is an industry that is dangerous, and accidents do happen. This accident made me realise how important it is to know what to do and what not to do.”

Mr Vlcek, who farms at Zahorovice, near Uherské Hradiště, has since completed a first aid course, tailored specifically to farmers, accompanied by his son Honza.



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“I was never sure how to perform CPR (cardiopulmonary resuscitation) and I never knew what a defibrillator did, so I wanted to be aware,” says Mr Vlcek. “It has made me much more confident that I could deal with an emergency and give first aid.

“For instance, I was taught that the simple action of tilting a patient’s head back could stop them choking on their tongue, a basic thing which could make the difference between life and death in some situations.”

Mr Vlcek says personal experience had taught him that everyone should know what to do in an emergency.

He has also installed what3words on his smartphone - an app which gives every 3m x 3m of the globe a unique three-word code and is also used by emergency services to locate casualties.

The app does not need a phone signal to tell someone their three-word location; and these three-word addresses are as accurate as GPS coordinates.

“If I had an accident in a field, the emergency services would be able to locate exactly where I was, because the three-word code for that location would be available on the app,” says Mr Vlcek.



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# PROJECT CONSORTIUM



**Defoin**



**HOF UND  
LEBEN**  
Jeder Tag ein Vermögen.



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